



MEDITERRANEAN PINE NUTS (inv-CFXQ1)

INGREDIENTS: Pignolia Nuts (Pine Nuts).

Contains Tree Nuts (Pine Nuts).

Processed In A Facility That Handles Tree Nuts (Almond, Brazil Nut, Cashew, Coconut, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut), Peanut, Wheat, Soy And Milk Products.

Lot Code: Process Date

Example January 29, 2020 Would Be 012920

Shelf Life: 8 Months When Stored In Ideal Conditions.

Recommended Storage:

Maximum Temperature 70°F

Minimum Temperature 50°F Do Not Freeze

Ideal Conditions 65°F @ 50% Relative Humidity

Protect From Moisture

Avoid Prolonged Exposure to Direct Sunlight

Country of Origin: Spain

Kosher: Yes, KVH Kosher

Nutrition Facts

Serv. size 1 oz (28g)

Amount per serving

Calories 190

% Daily Value*

Total Fat 19g 24%

Sat. Fat 1.5g 8%

Trans Fat 0g

Cholest. 0mg 0%

Sodium 0mg 0%

Total Carb. 4g 1%

Fiber 1g 4%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 4g

Vit. D 0mcg 0%

Calcium 7mg 0%

Iron 2mg 10%

Potas. 0mg 0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.